**EYFS** 

- Feelings - Responsibilities

- Classroom Being gentle Celebrating

Difference

- Talents, Being special Families and friends

 Where we live. - Standing up for yourself

**Dreams** 

**And Goals** 

Challenges and goals Overcomina obstacles -Jobs Seeking help **Healthy Me** 

Exercise Healthy food -Sleep - Keeping

> clean - Safety

Relationships

Family life Friendships - Falling out

- Bullying

- Being a friend

Healthy Me/

Keeping

Life choices

- Keep clean

- Medicine

safety

Happines

Road safety

healthy

**Changing Me** 

**Bodies** Respecting bodies - Growth and

change - Growing up

- Fun &fears elebrations

Year 1

ADD A FOOTER 15/**Living** in the wider world/ **Being My** 

In My World

eeling special & safe - Part of a class - Rs & Rs

Rewards/feeling proud

Consequences

\_earning charter

**PSHE Roadmap** 

**Changing Me** 

Life cycles Changes in me Changes since baby Female/male bodies Growing/learning Coping change Transition

Relationships

amily belonging Making friends Physical contact

-People who help Qualities

 Special relationships

> /Health and wellbeing

**Dreams** 

**And Goals** 

Achievement - Learning styles - Challenges

-Overcoming obstacles Success

Celebrating

Difference

Similarities differences

Dealing with bullying

- New friends

-Celebrating differences

**Being Me** In My World

KETTHEING FINIX DESIGN MEASURE

KETTEKING PARK

DESIGN ACADEAN

Hopes & fears -Rs & Rs Reward/consequen

Year

2

- Safe & fair Contributions

- Choices Recognising Feelings.

Celebrating Difference

Gender stereotypes Bullying/standing up self & others - New friends -Gender diversity lebrating difference; Staying friends

**Dreams** 

**And Goals** 

Realistic goa Perseverance Learning strengths

 Group cooperation Contributing & paring succes

**Healthy Me** 

Motivatio - Healthy choices Relaxation - Nutrition - Healthier Snacks/sharin

g Food

Relationships

Different familie Physical boundaries

- Friends conflict

- Secrets

- Trust - Relationship appreciati

**Changing Me** 

- Nature life cycles

Young to old

Independence

- Female/male

differences

 Assertiveness Transition

KS2

